## FIND THESE IMPORTANT WORDS


BRAVE
CHOICES
COMPASSION
CONFIDENCE
COURAGE
CREATIVE
CURIOUS
DINNER
FAIR
FAMILY
FRIENDSHIP
GCADA
HELPFUL
KINDNESS
PATIENT
PERSISTENT
RESPECT
RESPONSIBLE
TRUST
VERONA
VMAC

## TALK ABOUT WHAT THE WORDS MEAN TO YOU

When was a time when you were BRAVE? When have you had to make tough CHOICES? When was the last time you showed someone COMPASSION? When do you have the most CONFIDENCE? When might you have to show COURAGE? What are different ways to be CREATIVE? What is something you are CURIOUS about? What is your favorite food to eat for DINNER? How does it make you feel when you think something isn't FAIR? What is your favorite thing to do with your FAMILY? How can someone show FRIENDSHIP? Did you know that GCADA gives the grant to fund Family Night activities? How can you be HELPFUL at home, school, or work? How do you show KINDNESS to someone? When is it the hardest to be PATIENT? When was the last time you were PERSISTENT? How do you show RESPECT for someone? What is something only you are RESPONSIBLE for doing? Who is someone you TRUST and why? What is your favorite thing about VERONA? Did you know that VMAC is a group of volunteers who coordinate activities like Family Night, Peer clubs in the schools, life skills programs and more?

## MAKE GOOD CHOICES WITH VMAC

VISION: The vision for the Verona Municipal Alliance Committee (VMAC) is an informed, healthy, vibrant community free of misuse and abuse of alcohol, tobacco, and other substances.
MANDATE: VMAC is designed to support programs in the Township of Verona that would not otherwise be offered. The mandate under the grant from GCADA is to combat underage drinking.
MISSION: The mission of VMAC is to work toward community wellness through the celebration and cultivation of the compassion, character, and confidence that individuals, especially our youth, need to MAKE GOOD CHOICES in all aspects of their lives.

## WHAT DO YOU CHOOSE?

Write the name of each person in the boxes at the top and under each name write or draw their FAVORITES. Save this until the next Family Night and see if your favorite things change.

| NAME |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Color |  |  |  |  |  |
| Song |  |  |  |  |  |
| Food |  |  |  |  |  |
| Movie |  |  |  |  |  |
| Season |  |  |  |  |  |
| Sport |  |  |  |  |  |
| Toy/Game |  |  |  |  |  |



FAMILY NIGHT

## because DINNER MAKES A DIFFERENCE

Thank you to the Township of Verona, community restaurants \& businesses, and the Verona Public Schools for making Family Night possible.

